	Education 1100 Week #_1_ Schedule Name:Tzu-Cheih Huang							
	Mon Sep17	Tue Sep 11	Wed Sep12	Thur Sep13	Fri Sep14	Sat Sep15	Sun Sep16	
8:00 am	Wake up	Wake up	Sleeping time	Sleeping time	Sleeping time	Sleeping time	Sleeping time	
	Go to school	Go to school						
9:00 am	Take bus	Take bus		Play cellphone	_		Wake up	
	Chat with friend	Chat with friend		Toilet	_	Wake up	Prepare	
10:00 am				Eat breakfast	_	Prepare		
	Class (BUSS1110)		Wake up	Play cellphone		Eat breakfast	Eat breakfast	
11:00		Class (EDUC1100) (GEOG1160)	Play cellphone	Do geography assignment	Eat breakfast	Take bus	Play cellphone	
12:00 pm)	Eat brunch		Play cellphone		studding
			Take bus		Do laundry	Hang out with friend		
1:00 pm			Go to library	Eat lunch	Do assignment		Eat lunch	

	Go to fitness centre		Do GPM	Watch video			
2:00 pm			Do geography homework	do assignment			Studding
	Meet with friend		Find geography books	-	Break	_	
3:00 pm	Go home		Go home	Chat with friend	Do assignment		Break
	Eat lunch		Go to supermarket	Watch video	Break	_	Studding
4:00 pm				Eat snacks	Cook lunch		eat snacks
	Play cellphone	Eat lunch		Play cellphone	eat lunch		Break
5:00 pm		Go home	Eat snacks		Do assignment		Studding
		Watch video	Play cellphone	Think about manning of life	Break		
6:00 pm	Eat dinner		Dinner time	Eat dinner	Studding		Eat dinner
		Eat dinner					
7:00 pm		Eat dinner	Chat with friend and homestay	Buy a book on internet			

	Read comics	Chat with homestay	Read Echo's book *	Chat with teacher in Taiwan	eat dinner		Play cellphone
8:00 pm	_	Watch video / play cellphone/ read comics	Do assignment	Toilet	-	Go home	Studding
				Play cellphone	Play cellphone	-	Take a shower
9:00 pm	Studying time	_	Chat with friend	Do assignment	Studding	Take shower	Apply mask
	Take a shower	-		Chat with friend		Prepare to go sleep	Play cellphone
10:00 pm	Studying time	Take a shower	Apply mask	Play cellphone	prepare to sleep	Play cellphone	Studding
	Play ceelphone	Listen music	Watch video	Listen music	_		Prepare school things
11:00 pm	Sleeping time	Watch video	Sleeping time	Apply mask	Sleeping time	Sleeping time	Sleeping time
		Sleeping time		Sleeping time			

- Di: First, eating and sleeping is necessary, they contribute to life. Class time, I have three classes, in Taiwan we have eight classes per day, but not like here, here, we have to do many assignments and read articles. Because of this reason, studying time is much more than I stay in Taiwan. I learn a lot about how to prepare and writing.
- Dii: The results is, I still am not working hard enough, relaxing time is more than studding, that is the biggest problem, I have to change this weakness.
- Diii: This kind of lifestyle has to change definitely, as I said in Dii, that is a big problem, I did not focus my works. There have many ways to change, like increasing studying time, and study every day, let it be a habit, then I will not feel the study is painful.



Part 2

A) where you are:

I was confused about the future, although I am twenty years old. After I went back to Taiwan, I will be an intern, I always think does being an intern has meanings? I also do not know what career I can choose, I still find an answer. I learned a lot of doing GPM, it lets me know how much time I waste, how to manage my time, it is important because people usually muddle along.

B) where you want to go:

_I want to have ability to repay my parents, and all people who have helped me before, it is not easy to grow up without these people, and I hope I have passion for my jobs, I can bear many jobs to do, but I can not bear it was boring.

There have three things I have to contribute to my preferred future, first is manage time, second is set a short term goal and long term goal, third is trying various jobs.

C) how to get there:

• i):(two appendixes)

I like art and psychology, I choose these two class cause knowledge is based on basic, these two are beginner lessons, any academic or theory is based on strong basic.

ARTS 1100 will teach basic painting skills and perspectives. PSYC 1100 will talk about psychology history, it is important to let students know why psychology appeared.

In the future, I hope job can combine with my interests, I think art is a little like psychology, if the job can combine with art and psychology that would be nice.

The weakness is there is no marketing, marketing can let more people know about me. Maybe take three courses a week, or go to learning centre.

If I still want to find the potential, or other interests, ask professor can I listen the class, and go to the library to read related books. Otherwise, I can go to find a part-time job, or be an intern, like if you want to be a magazine editor, you can go to Vogue or Marie Claire Fanpage to

[•] ii):

Draft Goal:

(educational) realize education's importance

(personal) pass all classes

	Answers at time of development
 Specific What is the desired result? (who, what, when, why, how) 	(educational) After I went back to Taiwan I can tell teacher at least three education's articles key point. (personal) Every classes grades have to be at least C+.
 Measurable How can you quantify (numerically or descriptively) completion? How can you measure progress & completion? 	(educational) At least remember and summarizes three articles. (personal) I can answer professor's questions, handle all chapters.
 Achievable What skills are needed? What resources are necessary? How might the environment impact goal achievement? Does the goal require a reasonable amount of effort? 	(educational) Every day read a short articles about education. (personal) Study at least one hour a day.
RelevantIs the goal in alignment with your life values, future vision?	(educational) After class, I will discuss about article with professor. (personal) After class, I have to ask professor a question about the class.
Time-boundWhat is the deadline?Is the deadline realistic?	(educational) For this semester. (personal) For this semester.

SMART Goals Worksheet (A year)

Draft Goal:

(educational) teach a person Chinese

(personal) learn Japanese

	Answers at time of development			
 Specific What is the desired result? (who, what, when, why, how) 	(educational) I need to teach an English native person Chinese. (personal) I have to attend Japanese Language Proficiency Test level 4.			
 Measurable How can you quantify (numerically or descriptively) completion? How can you measure progress & completion? 	(educational) The student can handle simple conversation. (personal) I know grammar and vocabulary, can speak Japanese for ordinary language.			
 Achievable What skills are needed? What resources are necessary? How might the environment impact goal achievement? Does the goal require a reasonable amount of effort? 	(educational) every day read a book to improve skills. (personal) every day memorize vocabulary words, do one page grammar and do Japanese exercises.			
 Relevant Is the goal in alignment with your life values, future vision? 	(educational) have to do a list for she check if I do well or not. (personal) chat with Japanese friend and teacher.			
Time-boundWhat is the deadline?Is the deadline realistic?	(educational) first month: find student, talk about Chinese history and than teach grammar and vocabulary. (personal) before July, July is test day.			